

BOWL FOOD MENU

Meat Bowls

- Thai Coconut Chicken with Jasmine Rice
- Moroccan Lamb Meatballs with Couscous
- Stir Fried Beef with Black Bean & Green Pepper with Egg Noodles
- Bangers & Mash with Onion Gravy

Fish Bowls

- Salmon Laksa with Vermicelli Noodles
- Smoked Haddock Macaroni with Parmesan
- Mini Fish & Chips -
Breaded Plaice Goujons, Chunky Chips
and Lemon & Tartare Sauce
- Salmon Fishcakes with Watercress Mayo

Vegetarian Bowls

- Mixed Vegetables Dim Sum -
Samosa, Spring Rolls, Onion Bhaji on a bed of
Deep Fried Seaweed with Chilli Dipping Sauce
- Sundried Tomato & Basil Penne Pasta
with Parmesan Shavings
- Three Cheese Risotto
- Thai Red Vegetable Curry with Coconut Rice
- Gorgonzola & Green Pea Risotto

3 Bowls per person £14.95

4 Bowls per person £18.95

5 Bowls per person £22.95

For parties of 10 or more, a discretionary 10% service charge will be added to your bill

| v | wf | df | nf

vegetarian
wheat free
dairy free
nut free

MECHU
bar | grill | club